

Proposed Travel Plan for Student Jane Doe

Submitted by:
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Graduate Students

Graduate students planning travel to "High Threat" or "Very High Threat" destinations must e-mail a detailed itinerary of their proposed travel to travelsecurity@ucdavis.edu no less than **three weeks** prior to planned departure date. The itinerary should include: (1) a screenshot of the State Department [Travel Advisory](#) for the country, (2) arrival/departure dates, (3) details of any planned site visits/side trips while in-country, (4) modes of transportation to be utilized (e.g., hired driver, taxi, bus, etc.), (5) lodging plan(s), (6) any applicable security arrangements, contact information and distance of the nearest: (7) medical facility and (8) [embassy/consulate](#), and (9) details of any prior experience in-country. Multiple travelers on identical or similar itineraries are asked to consolidate submissions into one e-mail. Graduate student travel to "Very High Threat" destinations is subject to review by the Travel Advisory Committee.

Graduate student travel to "High Threat" or "Very High Threat" destinations must also be registered with the [U.S. Department of State](#).

1) A screenshot of the State Department [Travel Advisory](#) for the country

The screenshot displays the State Department's Travel.State.Gov website. The top navigation bar includes links for Home, Travel Advisories, Newsroom, About Us, Contact Us, Careers, and Find U.S. Embassies & Consulates. The main header features the Travel.State.Gov logo and a search bar. Below the header, there are tabs for U.S. Passports, International Travel (selected), U.S. Visas, Intercountry Adoption, and International Parental Child Abduction. Under International Travel, there are sub-tabs for Before You Go, Country Information (selected), While Abroad, and Emergencies. The breadcrumb trail reads: Travel.State.Gov > International Travel > Country Information > Ethiopia International Travel Information.

Ethiopia
Federal Democratic Republic of Ethiopia

Travel Advisory
June 7, 2018

Ethiopia - Level 2: Exercise Increased Caution C T U O

Exercise increased caution when traveling in Ethiopia due to the potential for civil unrest and communications disruptions. Some areas have increased risk. Read the entire Travel Advisory. ... [READ MORE]

Embassy Messages Alerts

- [Security Alert – U. S. Embassy Addis Ababa](#) Sun, 29 Jul 2018
- [Security Alert – U. S. Embassy Addis Ababa](#) Thu, 26 Jul 2018
- [Security Alert – Bale Goba](#) Thu, 26 Jul 2018
- [Security Alert – Debre Markos](#) Thu, 12 Jul 2018

[View Alerts and Messages Archive](#)

Travel Advisory Levels

- 1 Exercise normal precautions
- 2 Exercise increased caution
- 3 Reconsider travel
- 4 Do not travel

Assistance for U.S. Citizens

2) Arrival/departure dates:

- Flying from Sacramento to Boston – August 19
- Flying from Boston to Addis Ababa - August 20 [arrive in Ethiopia August 22]
- Flying from Addis Ababa to London - September 10
- Flying from Manchester, UK to New York (JFK) - September 18
- Flying from JFK to Sacramento - September 18

3) Details of any site visits/side trips

I will spend 1-2 days in Addis Ababa at the head office of the NGO XYZ Ethiopia:

Address Line 1
Address Line 2
Addis Ababa
Ethiopia
19453

I will then travel to the field August 23-September 3 and come back to the XYZ Ethiopia office in Addis Ababa until September 4.

Day	Activity
Day 1 - Wednesday August 22	<ul style="list-style-type: none">● Arrival to Ethiopia: airport transfer/shuttle service arranged by hotel from Bole International Airport to Solo Te Hotel● Public holiday and rest day
Day 2 - Thursday August 23	<ul style="list-style-type: none">● Briefing session at XYZ Ethiopia Head Office in Addis Ababa, including a review of the baseline survey results and discussion of the M&E plan● Drive from XYZ Ethiopia office in Addis Ababa to field office in Wolaita Sodo/Gununo (6.5 hour drive, including stop for lunch)
Day 3 - Friday August 24	<ul style="list-style-type: none">● Briefing session with Gununo office staff and local university student (morning)● Discussion with Areka Agricultural Research Center staff (afternoon)
Day 4 - Saturday August 25	<ul style="list-style-type: none">● Visit to individual households in the target woreda to observe the different life styles of farmers (dietary diversity, feeding habit, food preservation methods, etc.)● Farmer interviews to ask about their growing practices, feeding practices, etc.
Day 5 - Sunday August 26	<ul style="list-style-type: none">● Feedback session with the local university student in Wolaita and summarizing lessons● Discuss student's project involvement and university work

Day 6 - Monday August 27	<ul style="list-style-type: none"> ● Blind taste test with sweet potato leaves and other common leafy greens
Day 7 - Tuesday August 28	Rest Day & visit with ABC Ethiopia contact of the 123 Ethiopia project in Sodo
Day 8 - Wednesday August 29	<ul style="list-style-type: none"> ● Attend farmers training/cooking test session and share experiences and feedback
Day 9 - Thursday August 30	<ul style="list-style-type: none"> ● Attend farmers training session or community conversation and share experiences and feedback
Day 10 - Friday August 31	<ul style="list-style-type: none"> ● Office work-summarizing key findings (morning) ● Presentation and discussion on the findings & way forward at Gununo field office (afternoon)
Day 11 - Saturday September 1	<ul style="list-style-type: none"> ● Travel back to Addis Ababa
Day 12 - Sunday September 2	Rest Day
Day 13 - Monday September 3	<ul style="list-style-type: none"> ● Debriefing on the field visit and way forward for XYZ Ethiopia head office
Day 14 - Tuesday September 4	<ul style="list-style-type: none"> ● Tentative meeting with Professor A, Science and Technology Advisor for Organization A in Ethiopia ● Finish project work with XYZ Ethiopia
Day 15-20 - September 5-9	<ul style="list-style-type: none"> ● Start independent personal travel in Ethiopia: Lalibela and surrounding community trekking with Lalibela Eco Trekking company (http://lalibela-eco-trekking.com/4-days-trekking/)
Day 21 - Monday September 10	<ul style="list-style-type: none"> ● Fly out of Ethiopia

I have five days of independent travel before I fly out on September 10 and am planning on the following:

- Organized tour to Lalibela and trekking in local communities with the company Lalibela Eco Trekking
- September 5: Fly from Addis to Lalibela
- September 6: Trek from Lalibela to Ber Metebekiya
- September 7: Trek from Ber Metebekiya to Abune Yousef Park
- September 8: Trek from Dewalka Village to Lalibela
- September 9: Fly from Lalibela back to Addis

Similar to: <http://lalibela-eco-trekking.com/4-days-trekking/>

4) Modes of transportation (e.g., hired driver, taxi, bus, etc.)

- From Bole International Airport to the hotel: Solote Hotel shuttle
- From the hotel in Addis to XYZ Ethiopia office in Addis Ababa: Vehicle and driver
- From XYZ Ethiopia office in Addis Ababa to Wolaita XYZ Ethiopia office and including field visits: Vehicle and driver from XYZ Ethiopia
- From Wolaita back to Addis Ababa: XYZ Ethiopia Vehicle and driver
- Around Lalibela, airport pick up and drop off and 4x4 Car from and to the eco lodge provided by Lalibela Eco Trekking company

5) Lodging plans while in-country

Accommodation in Addis Ababa: 1 day before travel to the field and 1 day after the field

Solote International Hotel

Addis Ababa

Subcity: Yeka

Telephone: +251 929353535

<http://www.solotehotel.com/about.html>

Accommodation in the field outside of Addis Ababa in Wolaita

Abebe Zeleke International Hotel

Region: SNNPR

Zone: Wolaita

Town: Wolaita Sodo

Telephone: +25146181130

<http://www.abebezelekeinternationalhotel.com/>

Front Desk Phone: +251 461 801127

Phone: +251 930 505420

Mobile: +251 911 205525

E-mail: reservation@abebezelekeinternationalhotel.com

During the trek, stay with local community members:

- **Day 1: Sora lodge**
 - <http://www.soralodgelalibela.com/>
 - General Manager: Habte Melesse
 - Phone: +251 911 63 72 11
 - Reception: +251-333 36 02 55
 - Mobile: +251 912 03 52 22
 - SORALODGELALIBELA@GMAIL.COM
 - INFO@SORALODGELALIBELA.COM
- **Day 2: Private Home Stay at Ber Metebekiya**
- **Day 3: Private Home Stay at Dewalka Village**
- **Day 4: Honey Land Hotel (Lalibela)**
 - Phone: +251-333-361-525/191/
 - Mobile: +251-911-735-041
 - +251-930-111-357

- Email: besfat201
- **Day 5: back in Addis**
 - Solote International Hotel
 - Addis Ababa
 - Subcity: Yeka
 - Telephone: +251 929353535
 - <http://www.solotehotel.com/about.html>

6) any applicable security arrangements, contact information and distance of the nearest (7) medical facility and (8) embassy/consulate, and

- No applicable security arrangements
 - Nearest medical facility in Addis:
 - Myung Sung Christian Medical Center
 - Located in Bole area, near Addis airport
-

P.O.Box 15478, Addis Ababa, Ethiopia | TEL : 251-11-6292963 / 6295420 | MCM Korea : 02-6930-9555 | FAX : 251-11-6292795
msmcmnet@gmail.com

01 Key phone number : 251-11-6292963

direct lines : 251-11-6295420-28(9 lines) FAX : 251-11-6292795
Emergency Room : 251-11-6294602, 251-11-62517647 Medical director : 251-11-6295429
Assistant Medical director : 251-11-6295431 Administration Director : 251-11-6294603
Chief Doctor : 251-11-6295432 Metron : 251-11-2513409
Chaplain : 251-11-62954331 Staff House : 251-11-6295430

02 Extension

operator : 100,149 medical director : EXT 210 Secretary : EXT 210
Administration Director : EXT 555 Secretary : EXT 523 Registration : 173

Outpatient Department Nurse

Station : EXT 119 Laboratory : EXT 514 Administration office : 164~170
Registran Dept : 171, 173 Chaplain room : EXT 515 Metron : EXT 522
CSR : EXT 527 Cafeteria : EXT 524

Ward

1st floor nurse station : 710 2st floor nurse station : 741
room 3306 : 736 room 3307 : 737 room 3308 : 738 room 3309 : 739

- Nearest medical facility in the field:
 - Soddo Christian Hospital
 - PO Box 305
 - Soddo Wolaitta Ethiopia
 - Ortho Clinic

- +251 0468100083
- orthoclinic@soddo.org
- Emergency Room Department
- +251 0465511164
- US Mailing Address:
 - St. Luke's Health Care Foundation
 - PO Box 4465
 - Wheaton, IL 60189-4465
- Near Embassy/Consulate:
 - U.S. Embassy in Addis Ababa
 - Entoto Street
 - P.O. Box 1014
 - Addis Ababa
 - Embassy Switchboard: 130-6000
 - Phone: +251 111 30 60 00
 - Fax: +251 111 24 24 01

(9) details of any prior experience in-country

I spent two years in Ethiopia as a Peace Corps Volunteer and have a number of friends and colleagues in Addis Ababa. I am intimately familiar with the language, political & security situation, culture, traffic patterns, and weather.