Proposed Travel Plan for Student Jane Doe
Submitted by: jdoe@ucdavis.edu

Graduate Students
Graduate students planning travel to "High Threat" or "Very High Threat" destinations must e-mail a detailed itinerary of their proposed travel to travelsecurity@ucdavis.edu no less than three weeks prior to planned departure date. The itinerary should include: (1) a screenshot of the State Department Travel Advisory for the country, (2) arrival/departure dates, (3) details of any planned site visits/side trips while in-country, (4) modes of transportation to be utilized (e.g., hired driver, taxi, bus, etc.), (5) lodging plan(s), (6) any applicable security arrangements, contact information and distance of the nearest: (7) medical facility and (8) embassy/consulate, and (9) details of any prior experience in-country. Multiple travelers on identical or similar itineraries are asked to consolidate submissions into one e-mail. Graduate student travel to "Very High Threat" destinations is subject to review by the Travel Advisory Committee.

Graduate student travel to "High Threat" or "Very High Threat" destinations must also be registered with the U.S. Department of State.

1) A screenshot of the State Department Travel Advisory for the country
2) Arrival/departure dates:

- Flying from Sacramento to Boston – August 19
- Flying from Boston to Addis Ababa - August 20 [arrive in Ethiopia August 22]
- Flying from Addis Ababa to London - September 10
- Flying from Manchester, UK to New York (JFK) - September 18
- Flying from JFK to Sacramento - September 18

3) Details of any site visits/side trips

I will spend 1-2 days in Addis Ababa at the head office of the NGO XYZ Ethiopia:

Address Line 1
Address Line 2
Addis Ababa
Ethiopia
19453

I will then travel to the field August 23-September 3 and come back to the XYZ Ethiopia office in Addis Ababa until September 4.

<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
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<tbody>
<tr>
<td>Day 1 - Wednesday</td>
<td>Arrival to Ethiopia: airport transfer/shuttle service arranged by hotel from Bole International Airport to Solo Te Hotel</td>
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<tr>
<td>August 22</td>
<td>Public holiday and rest day</td>
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<tr>
<td>Day 2 - Thursday</td>
<td>Briefing session at XYZ Ethiopia Head Office in Addis Ababa, including a review of the baseline survey results and discussion of the M&amp;E plan</td>
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<tr>
<td>August 23</td>
<td>Drive from XYZ Ethiopia office in Addis Ababa to field office in Wolaita Sodo/Gununo (6.5 hour drive, including stop for lunch)</td>
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<tr>
<td>Day 3 - Friday</td>
<td>Briefing session with Gununo office staff and local university student (morning)</td>
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<tr>
<td>August 24</td>
<td>Discussion with Areka Agricultural Research Center staff (afternoon)</td>
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<tr>
<td>Day 4 - Saturday</td>
<td>Visit to individual households in the target woreda to observe the different life styles of farmers (dietary diversity, feeding habit, food</td>
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<tr>
<td>August 25</td>
<td>preservation methods, etc.)</td>
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<td></td>
<td>Farmer interviews to ask about their growing practices, feeding practices, etc.</td>
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<tr>
<td>Day 5 - Sunday</td>
<td>Feedback session with the local university student in Wolaita and summarizing lessons</td>
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<tr>
<td>August 26</td>
<td>Discuss student’s project involvement and university work</td>
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</tbody>
</table>
| Day 6 - Monday  
August 27 | ● Blind taste test with sweet potato leaves and other common leafy greens |
| Day 7 - Tuesday  
August 28 | Rest Day & visit with ABC Ethiopia contact of the 123 Ethiopia project in Sodo |
| Day 8 - Wednesday  
August 29 | ● Attend farmers training/cooking test session and share experiences and feedback |
| Day 9 - Thursday  
August 30 | ● Attend farmers training session or community conversation and share experiences and feedback |
| Day 10 - Friday  
August 31 | ● Office work-summarizing key findings (morning)  
● Presentation and discussion on the findings & way forward at Gununo field office (afternoon) |
| Day 11 - Saturday  
September 1 | ● Travel back to Addis Ababa |
| Day 12 - Sunday  
September 2 | Rest Day |
| Day 13 - Monday  
September 3 | ● Debriefing on the field visit and way forward for XYZ Ethiopia head office |
| Day 14 - Tuesday  
September 4 | ● Tentative meeting with Professor A, Science and Technology Advisor for Organization A in Ethiopia  
● Finish project work with XYZ Ethiopia |
| Day 21 - Monday  
September 10 | ● Fly out of Ethiopia |

I have five days of independent travel before I fly out on September 10 and am planning on the following:

- Organized tour to Lalibela and trekking in local communities with the company Lalibela Eco Trekking  
  - September 5: Fly from Addis to Lalibela  
  - September 6: Trek from Lalibela to Ber Metebekiya  
  - September 7: Trek from Ber Metebekiya to Abune Yousef Park  
  - September 8: Trek from Dewalka Village to Lalibela  
  - September 9: Fly from Lalibela back to Addis

Similar to: [http://lalibela-eco-trekking.com/4-days-trekking/](http://lalibela-eco-trekking.com/4-days-trekking/)
4) **Modes of transportation (e.g., hired driver, taxi, bus, etc.)**

- From Bole International Airport to the hotel: Solote Hotel shuttle
- From the hotel in Addis to XYZ Ethiopia office in Addis Ababa: Vehicle and driver
- From XYZ Ethiopia office in Addis Ababa to Wolaita XYZ Ethiopia office and including field visits: Vehicle and driver from XYZ Ethiopia
- From Woliata back to Addis Ababa: XYZ Ethiopia Vehicle and driver
- Around Lalibela, airport pick up and drop off and 4x4 Car from and to the eco lodge provided by Lalibela Eco Trekking company

5) **Lodging plans while in-country**

**Accommodation in Addis Ababa: 1 day before travel to the field and 1 day after the field**
Addis Ababa
Solote International Hotel
Subcity: Yeka
Telephone: +251 929353535
http://www.solotehotel.com/about.html

**Accommodation in the field outside of Addis Ababa in Wolaita**
Abebe Zelleke International Hotel
Region: SNNPR
Zone: Wolaita
Town: Wolaita Sodo
Telephone: +25146181130
http://www.abebezelekeinternationalhotel.com/
Front Desk Phone: +251 461 801127
Phone:+251 930 505420
Mobile:+251 911 205525
E-mail:reservation@abebezelekeinternationalhotel.com

**During the trek, stay with local community members:**

- **Day 1: Sora lodge**
  - [http://www.soralodgelalibela.com/](http://www.soralodgelalibela.com/)
  - General Manager: Habte Melesse
  - Phone: +251 911 63 72 11
  - Reception: +251-333 36 02 55
  - Mobile: +251 912 03 52 22
  - SORALODGELALIBELA@GMAIL.COM
  - INFO@SORALODGELALIBELA.COM
- **Day 2: Private Home Stay at Ber Metebekiya**
- **Day 3: Private Home Stay at Dewalka Village**
- **Day 4: Honey Land Hotel (Lalibela)**
  - Phone: +251-333-361-525/191/
  - Mobile: +251-911-735-041
  - +251-930-111-357
6) any applicable security arrangements, contact information and distance of the nearest (7) medical facility and (8) embassy/consulate, and

- No applicable security arrangements
- Nearest medical facility in Addis:
  - Myung Sung Christian Medical Center
  - Located in Bole area, near Addis airport

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**Key phone number:** 251-11-6292963

direct lines: 251-11-6295420-28 (9 lines)  
FAX: 251-11-6292795
Emergency Room: 251-11-6294602, 251-11-62517647  
Medical director: 251-11-6295429
Assistant Medical director: 251-11-6295431  
Administration Director: 251-11-6294603
Chief Doctor: 251-11-6295432  
Metron: 251-11-2513409
Chaplain: 251-11-6295431  
Staff House: 251-11-6295430

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**Extension**

operator: 100, 149  
medical director: EXT 210
Administration Director: EXT 555  
Secretary: EXT 210
Secretory: EXT 523  
Registration: 173

**Outpatient Department Nurse**

Station: EXT 119  
Laboratory: EXT 514  
Administration office: 164-170
Registrar Dept: 171, 173  
Chaplain room: EXT 515  
Metron: EXT 522
CSR: EXT 527  
Cafeteria: EXT 524

**Ward**

1st floor nurse station: 710  
1st floor nurse station: 741
room 3306: 736  
room 3307: 737  
room 3308: 738  
room 3309: 739

- Nearest medical facility in the field:
  - Soddo Christian Hospital
  - PO Box 305
  - Soddo Wolaitta Ethiopia
  - Ortho Clinic
(9) details of any prior experience in-country
I spent two years in Ethiopia as a Peace Corps Volunteer and have a number of friends and colleagues in Addis Ababa. I am intimately familiar with the language, political & security situation, culture, traffic patterns, and weather.